



## Saturday, May 20

Every year NAMIWalks makes a powerful statement to our community as we advance on our goal of Mental Health for All.

Our 2023 walk promises to be the most inspirational one yet.

namihighcountry.org #Together4MH NAMI High Country PO Box 2343 Boone, NC 28607

> NAMI High Country Sponsoring Riverwalk in Newland (next to Daymark Recovery Center) 9am to 1pm

> Live music by Mark and Sarah McGuire Steve Leininger and Chad Ledford

There will be give-a-ways, refreshments and T-Shirt sales.

Come join us for a fun filled day!